

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @ 14:15 The listed starttimes are indicative!

Coaches: Wibaut Annouck HEADCOACH

Coaches: Terryen Julien

Coaches: Cornelis Isaac

Coaches: Cornelis Jan Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 100M BREASTSTROKE MEN 11-17					Heat:9, starttime: 15:11
Heat: 9/11 Lane : 3 Athlete: BONNARENS DRIES					Q-time: 01:18:08
PB (25m pool): 01:17.07 EEKLO 04/10/2026					PB (50m pool): 01:19.84 SB: 01:17.07 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.94		01:17.07	
		00:35.94		00:41.13	
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:3, starttime: 15:21
Heat: 3/20 Lane : 3 Athlete: VINOIS ANYSSiA					Q-time: 01:25:21
PB (25m pool): 01:25.21 T ROSCO 12/10/2025					PB (50m pool): 01:16.88 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:25.21	
		no time			
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:3, starttime: 15:21
Heat: 3/20 Lane : 4 Athlete: DELEUZE KATO					Q-time: 01:24:72
PB (25m pool): 01:23.12 Gent 23/02/2025					PB (50m pool): 01:22.96 SB: 01:25.97 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.31		01:23.12	
		00:39.31		00:43.81	
					

Coach feedback:

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:4, starttime: 15:23
Heat: 4/20 Lane : 1 Athlete: DEKEYSER ESTELLE					Q-time: 01:22:94
PB (25m pool): 01:20.32 EEKLO 04/10/2026			PB (50m pool): 01:24.13 SB: 01:20.32 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.86		01:20.32	
	00:39.86		00:40.46		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:4, starttime: 15:23
Heat: 4/20 Lane : 3 Athlete: VERHELST LOLA					Q-time: 01:22:37
PB (25m pool): 01:20.96 EEKLO 04/10/2026			PB (50m pool): 01:22.67 SB: 01:20.96 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.31		01:20.96	
	00:38.31		00:42.65		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:5, starttime: 15:24
Heat: 5/20 Lane : 2 Athlete: DHOOGHE FELIZ					Q-time: 01:20:37
PB (25m pool): 01:16.57 EEKLO 04/10/2026			PB (50m pool): 01:18.13 SB: 01:16.57 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.73		01:16.57	
	00:36.73		00:39.84		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:9, starttime: 15:31
Heat: 9/20 Lane : 1 Athlete: TABARY OCTAVIE					Q-time: 01:12:10
PB (25m pool): 01:11.34 EEKLO 04/10/2026			PB (50m pool): 01:14.36 SB: 01:11.34 EEKLO 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.43		01:11.34	
	00:34.43		00:36.91		
					

Coach feedback:

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:9, starttime: 15:31
Heat: 9/20 Lane : 2 Athlete: VANDENHOUCKE ALAÏS					Q-time: 01:12:02
PB (25m pool): 01:11.24 EEKLO 04/10/2026					PB (50m pool): 01:14.26 SB: 01:11.24 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.51		01:11.24	
	00:34.51		00:36.73		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:12, starttime: 15:36
Heat: 12/20 Lane : 5 Athlete: CARDON QIETTA					Q-time: 01:07:98
PB (25m pool): 01:07.98 Tournai 18/01/2026					PB (50m pool): 01:07.95 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.23		01:07.98	
	00:32.23		00:35.75		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:12, starttime: 15:36
Heat: 12/20 Lane : 9 Athlete: MERTENS XIANA					Q-time: 01:08:56
PB (25m pool): 01:08.40 EEKLO 04/10/2026					PB (50m pool): 01:09.24 SB: 01:08.40 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.05		01:08.40	
	00:33.05		00:35.35		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:15, starttime: 15:41
Heat: 15/20 Lane : 9 Athlete: VAN OOTEGHEM KYANA					Q-time: 01:06:31
PB (25m pool): 01:06.31 LEUVEN 23/11/2025					PB (50m pool): 01:08.64 SB: 01:08.09 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.62		01:06.31	
	00:31.62		00:34.69		
					

Coach feedback:

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:20, starttime: 15:48
Heat: 20/20 Lane : 0 Athlete: BEIJNSBERGER MARE					Q-time: 01:00:73
PB (25m pool): 00:59.52 EEKLO 04/10/2026					PB (50m pool): 01:00.81 SB: 00:59.52 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.83		00:59.52	
	00:28.83		00:30.69		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17					Heat:20, starttime: 15:48
Heat: 20/20 Lane : 3 Athlete: MALFAIT LIZANNA (LIZI)					Q-time: 00:58:99
PB (25m pool): 00:58.99 Tournai 18/01/2026					PB (50m pool): 00:59.57 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.61		00:58.99	
	00:28.61		00:30.38		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:7, starttime: 16:01
Heat: 7/18 Lane : 5 Athlete: CASIER JARNE					Q-time: 01:08:10
PB (25m pool): 01:08.10 Tournai 18/01/2026					PB (50m pool): 01:05.06 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.06		01:08.10	
	00:33.06		00:35.04		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:9, starttime: 16:04
Heat: 9/18 Lane : 7 Athlete: VRAMBOUT MAURICE					Q-time: 01:05:47
PB (25m pool): 01:05.20 EEKLO 04/10/2026					PB (50m pool): 01:09.31 SB: 01:05.20 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.43		01:05.20	
	00:31.43		00:33.77		
					

Coach feedback:

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Event number: 14: 100M FREESTYLE MEN 11-17					Heat:11, starttime: 16:07
Heat: 11/18 Lane : 9 Athlete: BONNARENS DRIES					Q-time: 01:03:25
PB (25m pool): 01:01.09 EEKLO 04/10/2026					PB (50m pool): 01:02.29 SB: 01:01.09 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.09		01:01.09	
	00:29.09		00:32.00		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:12, starttime: 16:08
Heat: 12/18 Lane : 2 Athlete: DE VLIEGER ELIOTT					Q-time: 01:01:85
PB (25m pool): 01:01.85 Mons 27/06/2026					PB (50m pool): 01:05.09 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.19		01:01.85	
	00:29.19		00:32.66		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:14, starttime: 16:11
Heat: 14/18 Lane : 0 Athlete: BLOMMAERT CÉLIAN					Q-time: 01:00:39
PB (25m pool): 00:59.91 EEKLO 04/10/2026					PB (50m pool): 01:02.10 SB: 00:59.91 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.70		00:59.91	
	00:28.70		00:31.21		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:14, starttime: 16:11
Heat: 14/18 Lane : 8 Athlete: VAN DAELE NAND					Q-time: 01:00:15
PB (25m pool): 00:59.89 EEKLO 04/10/2026					PB (50m pool): 01:00.68 SB: 00:59.89 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.13		00:59.89	
	00:28.13		00:31.76		
					

Coach feedback:

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Event number: 14: 100M FREESTYLE MEN 11-17					Heat:18, starttime: 16:17
Heat: 18/18 Lane : 0 Athlete: VAN DAELE DAAN					Q-time: 00:54:82
PB (25m pool): 00:54.82 T ROSCO 12/10/2025					PB (50m pool): 00:55.24 SB: 00:55.29 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.27		00:54.82	
	00:26.27		00:28.55		
					

Coach feedback:

Event number: 15: 100M BUTTERFLY WOMEN 11-17					Heat:4, starttime: 16:25
Heat: 4/9 Lane : 3 Athlete: TABARY OCTAVIE					Q-time: 01:27:23
PB (25m pool): 01:27.23 Mons 27/06/2026					PB (50m pool): 01:28.89 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.87		01:27.23	
	00:38.87		00:48.36		
					

Coach feedback:

Event number: 15: 100M BUTTERFLY WOMEN 11-17					Heat:6, starttime: 16:29
Heat: 6/9 Lane : 8 Athlete: CARDON QIETTA					Q-time: 01:20:10
PB (25m pool): 01:20.10 Tournai 18/01/2026					PB (50m pool): 01:19.89 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.24		01:20.10	
	00:36.24		00:43.86		
					

Coach feedback:

Event number: 15: 100M BUTTERFLY WOMEN 11-17					Heat:8, starttime: 16:32
Heat: 8/9 Lane : 8 Athlete: VAN OOTEGHEM KYANA					Q-time: 01:13:93
PB (25m pool): 01:13.93 Mons 27/06/2026					PB (50m pool): 01:13.78 SB: 01:14.96 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.37		01:13.93	
	00:34.37		00:39.56		
					

Coach feedback:

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Event number: 16: 100M BUTTERFLY MEN 11-17					Heat:6, starttime: 16:46
Heat: 6/9 Lane : 1 Athlete: DE VLIETTER ELIOTT					Q-time: 01:17:91
PB (25m pool): 01:17.91 Tournai 18/01/2026					PB (50m pool): 01:23.51 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.02		01:17.91	
	00:35.02		00:42.89		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:1, starttime: 16:52
Heat: 1/18 Lane : 7 Athlete: VINOIS ANYSSIA					Q-time: 99:99:99
PB (25m pool): 01:42.19 T ROSCO 12/10/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:42.19	
	no time				
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:2, starttime: 16:55
Heat: 2/18 Lane : 4 Athlete: DELEUZE KATO					Q-time: 01:36:73
PB (25m pool): 01:33.76 EEKLO 04/10/2026					PB (50m pool): 01:38.58 SB: 01:33.76 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.74		01:33.76	
	00:44.74		00:49.02		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:2, starttime: 16:55
Heat: 2/18 Lane : 8 Athlete: DEKEYSER ESTELLE					Q-time: 01:43:36
PB (25m pool): 01:34.23 EEKLO 04/10/2026					PB (50m pool): 01:42.21 SB: 01:34.23 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.11		01:34.23	
	00:47.11		00:47.12		
					

Coach feedback:

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:3, starttime: 16:58
Heat: 3/18 Lane : 8 Athlete: VERHELST LOLA					Q-time: 01:35:73
PB (25m pool): 01:35.73 LEUVEN 23/11/2025					PB (50m pool): 01:35.24 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.56		01:35.73	
	00:45.56		00:50.17		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:4, starttime: 17:00
Heat: 4/18 Lane : 5 Athlete: DHOOGHE FELIZ					Q-time: 01:31:03
PB (25m pool): 01:27.78 EEKLO 04/10/2026					PB (50m pool): 01:27.69 SB: 01:27.78 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.79		01:27.78	
	00:42.79		00:44.99		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:6, starttime: 17:05
Heat: 6/18 Lane : 3 Athlete: VANDENHOUCKE ALAÏS					Q-time: 01:27:62
PB (25m pool): 01:26.41 EEKLO 04/10/2026					PB (50m pool): 01:34.43 SB: 01:26.41 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.66		01:26.41	
	00:42.66		00:43.75		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:7, starttime: 17:07
Heat: 7/18 Lane : 6 Athlete: MERTENS XIANA					Q-time: 01:25:11
PB (25m pool): 01:25.11 LEUVEN 23/11/2025					PB (50m pool): 01:24.77 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.35		01:25.11	
	00:41.35		00:43.76		
					

Coach feedback:

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:17, starttime: 17:29
Heat: 17/18 Lane : 6 Athlete: MALFAIT LIZANNA (LIZI)					Q-time: 01:09:40
PB (25m pool): 01:09.40 Mons 27/06/2026					PB (50m pool): 01:11.94 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.50		01:09.40	
	00:33.50		00:35.90		
					

Coach feedback:

Event number: 17: 100M BACKSTROKE WOMEN 11-17					Heat:18, starttime: 17:31
Heat: 18/18 Lane : 1 Athlete: BEIJNSBERGER MARE					Q-time: 01:06:45
PB (25m pool): 01:06.22 EEKLO 04/10/2026					PB (50m pool): 01:05.84 SB: 01:06.22 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.03		01:06.22	
	00:32.03		00:34.19		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:5, starttime: 17:42
Heat: 5/15 Lane : 2 Athlete: CASIER JARNE					Q-time: 01:22:41
PB (25m pool): 01:22.41 LEUVEN 23/11/2025					PB (50m pool): 01:25.77 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.20		01:22.41	
	00:40.20		00:42.21		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:8, starttime: 17:49
Heat: 8/15 Lane : 3 Athlete: VRAMBOUT MAURICE					Q-time: 01:15:75
PB (25m pool): 01:14.58 EEKLO 04/10/2026					PB (50m pool): 01:18.47 SB: 01:14.58 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.25		01:14.58	
	00:37.25		00:37.33		
					

Coach feedback:

Memoreal Anteunis 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:10, starttime: 17:53
Heat: 10/15 Lane : 0 Athlete: VAN DAELE NAND					Q-time: 01:13:46
PB (25m pool): 01:13.46 Temse 17/11/2025					PB (50m pool): 01:13.42 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.79		01:13.46	
	00:34.79		00:38.67		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:12, starttime: 17:57
Heat: 12/15 Lane : 0 Athlete: BLOMMAERT CÉLIAN					Q-time: 01:10:35
PB (25m pool): 01:08.09 EEKLO 04/10/2026					PB (50m pool): 01:12.35 SB: 01:08.09 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.63		01:08.09	
	00:33.63		00:34.46		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11-17					Heat:15, starttime: 18:03
Heat: 15/15 Lane : 8 Athlete: VAN DAELE DAAN					Q-time: 01:01:73
PB (25m pool): 01:01.73 T ROSCO 12/10/2025					PB (50m pool): 01:02.86 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.79		01:01.73	
	00:29.79		00:31.94		
					

Coach feedback: